

July 20, 2006

The Honorable Nicole Parra, Chair  
The Honorable Charles Poochigian, Vice Chair  
Joint Legislative Audit Committee  
1020 N Street, Room 107  
Sacramento, CA 95814

*Re: Any Audit of LAUSD Should Address Student Health, Physical Fitness, and Nutrition*

Dear Assemblymember Parra and Senator Poochigian:

I request that any audit of LAUSD address the health, physical fitness, and nutrition of our children.

LAUSD does not enforce elementary school physical education requirements. Fully 87% of the children in LAUSD are not physically fit.

Health, physical fitness, and nutrition must be included among the core goals of a quality education. Healthy students perform better academically. The new federal local wellness policy for schools calls upon LAUSD to promote student wellness through physical activity, nutrition education, and reduction of obesity.

For these reasons, any audit of LAUSD should address student health, physical fitness, and nutrition.

Sincerely,